



Tenpin Bowling Australia Limited

State Based Training Policy

19/12/2011

Tenpin Bowling Australia Limited

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Status: Final

Principal Partner



Australian Government

Australian Sports Commission

TENPIN BOWLING AUSTRALIA LIMITED

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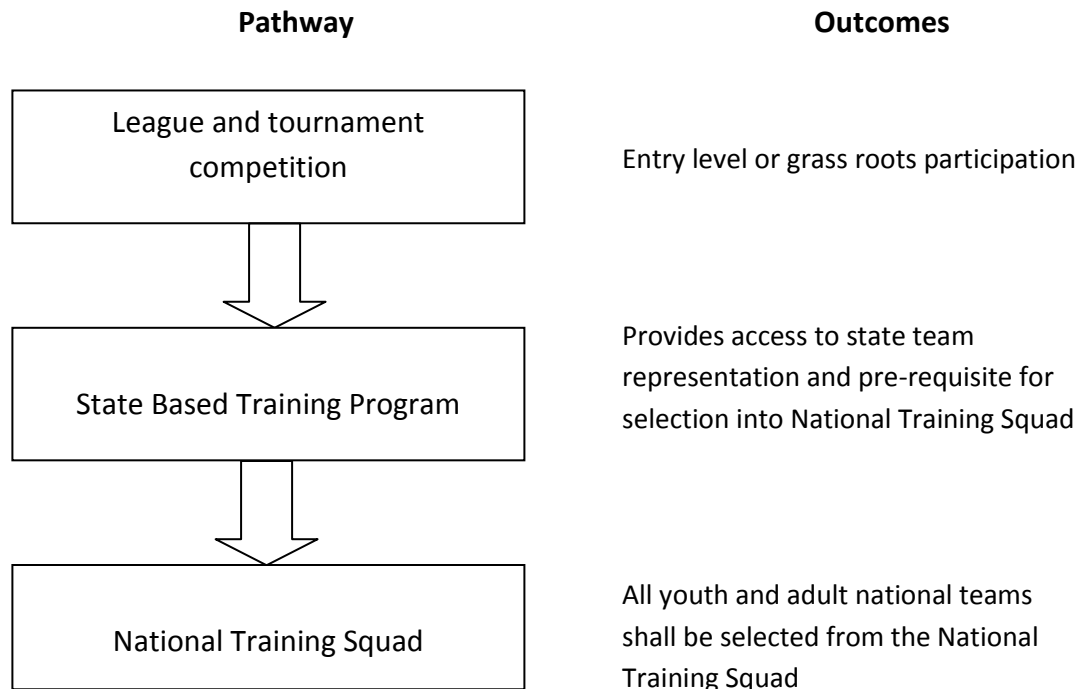
Background

The purpose of the state based training program is to take a national approach to establishing clear pathways for athletes to progress from grass roots through to elite level competition.

TBA's mission in regards to its High Performance program is:

“To develop a formalised, structured and documented national training squad program that links seamlessly with state and local training squads so that bowlers of all levels have a clear understanding of the pathways through the sport”.

Whilst all states now have an established state based training program in place, the next phase of the program is to standardize the content of each module to ensure uniformity and consistency at a national level to develop and nurture the talents of our elite athletes. The pathway through the sport is as follows:



Requirements

The minimum requirements for an athlete's inclusion in their respective state based training program are:

1. ***Complete all of the bowler education modules in a calendar year***
2. ***Attend a minimum of 3 accredited tournaments within their state;*** one of which must be either the state championships or state team roll-off for President's Shield, Rachuig or Youth Challenge. Note that this also can include a nationally ranked event that is held in the bowler's state.
3. ***Participate in a minimum of one nationally ranked event per annum. However for athletes wishing to be considered for inclusion in the National Training Squad participation in at least one additional nationally ranked event outside of the bowler's home state is a requirement.***¹ Please note that due to the geographic size of Queensland, bowlers residing in this state may attend a tournament within Queensland as long as it outside the bowlers zone i.e. bowlers residing in South Queensland may compete in one North Queensland event and will be entitled to include this as an interstate tournament.

Please note that all bowlers wishing to represent Australia in TBA approved international events will be required to be a member of their state based training squad. Exemptions may be available for athletes who have extenuating circumstances such as significant time competing overseas or injury or illness.

Eligibility

It is a TBA requirement that each state conducts a training program for youth and adult elite bowlers. Where possible it is strongly recommended that this be extended to juniors and seniors however this will be at the state's discretion. Please note that is not a requirement for seniors to be part of the state based training program to represent Australia at the Asian Senior Championships. But rather we encourage the states to extend an invitation to all senior bowlers who may wish to participate in the program.

¹ Please note if accepted into the National Training Squad athletes are required to compete in a minimum of 3 ranked events per annum.

As there is considerable diversity amongst the states in regards to participation numbers a definition of elite rather than a defined minimum and maximum group number shall be used to determine eligibility. The requirements are as follows:

- Bowlers are required to hold silver level TBA membership
- As a guideline bowlers should hold a minimum league or tournament average of 185 (Male) and 175 (Female) in adult, senior and youth divisions. For juniors minimum averages are 170 (Male) and 160 (Female). However it will be the state's discretion to decide whether to abide by this guideline.
- Bowlers are required to contest an all events in their State Championships

Bowler Education Modules

In developing a national program it is important to clearly define the minimum requirements that all states need to adhere to. The following bowler education modules are compulsory:

1. Assessment of bowler skills – including testing process for NTS inclusion
2. Education on reading lane conditions
3. Equipment knowledge – basic knowledge of ball layouts and surface adjustments
4. Strength and Conditioning
5. Sports Psychology
6. Media Training
7. Nutrition
8. ASADA and issues associated with substances and sport

States will be given some discretion as to how these modules are delivered and to the number of SBTP training sessions conducted throughout the year. However TBA will provide the states with the course content for each bowler education module so that there is consistency in the program nationally. Furthermore athletes that wish to be considered for the National Training Squad must have written verification from their state association to advise the athlete has completed all 8 modules. Please note that some of content in the modules may be covered in course manuals or in a web based format to be completed by athletes outside of specific SBTP sessions.

Resources Available

In order to ensure consistency in the administration of the program the National Coach will be visiting each state annually to rollout the program in association with the state bodies. Not only will this allow the elite bowlers of Australia the opportunity to work one on one with the National Coach, importantly it enables the National Coach to work with the athletes' coach, therefore improving the quality of both bowlers and coaches.

Further information will be forthcoming however please direct any comments or enquiries to either the National Coach or TBA High Performance Chairperson via the TBA National office on tenpin.bowling@tenpin.org.au.